

# Microwave egg poacher



1.

Remove lid and fill all four cups with lukewarm water to fill line.



2.

Crack room temperature eggs into all four cups and cover with lid.



3.

Microwave for 1 minute 50 seconds\*. Add 10 second increments until desired texture is achieved. Remove poaching cups, serve & enjoy!



## Cooking Guidelines\*

### EGG RESULT

### TIME

RUNNY  
HARD

1 minute 50 seconds  
2 minutes 20 seconds +

\*Based on 900W microwave oven on full power with 4 eggs. Timing will vary according to the power of the microwave, size and temperature of eggs and desired result of egg.

Cooking times will vary for 1 or 4 eggs.

Use with Microwave Easy Bacon



**sistema**<sup>®</sup>  
MICROWAVE



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& BPA free

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